

ANNUAL REPORT



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President's message

Dear friends,

2020 was a remarkably difficult year. The coronavirus pandemic shook the European grassroots sports sector to the core. Covid-19 had, and is still having, a tremendously negative effect on our sport community. The crisis resulted in the closure of sport clubs and sport facilities, and in the cancellation of events and other sport activities. Majority of sport clubs in Europe experienced a loss of members and income.



I am sincerely thankful to our members, our longtime partner European Lotteries, and other partners, our committee, staff and friends for their support throughout the 2020.

With the help of the European Lotteries, Lithuanian Sports University and the Lithuanian Union of Sports Federations, we managed to organise the 3rd European Sport Platform. On the same occasion, we also hosted the 28th ENGSO General Assembly.

We learnt that the way out of this crisis is finding innovative solutions to revitalize the grassroots sports movement. Our project CHAMP, and its team, were and still are determined to bring innovation closer to the grassroots sport, and help the European sport clubs revamp their activities and recover from the crisis.

The pandemic taught us that community sport has never been more important. It is an essential element of our mental and physical health. I am honoured ENGSO is contributing to this with a project SPIRIT and the help of its member organisations and partners, who are redefining the role of sport coaching in mental well-being.

Covid-19 also exposed inequalities in sport. ENGSO tackled this challenge with its Equality Within Sport (EWS) committee, and with a newly acquired project EQUIP.

In 2020, our sport policy work revolved around the development and the recovery of the grassroots sport sector. The EU Advisory Committee prepared the position and the recommendations on the future EU Work Plan for Sport post-2020. We also advocated for the grassroots sport to maintain a priority within the EU work plan for sport. I am positive that last year, despite the pandemic, we made steps forwards in maintaining the grassroots sport as a priority area.

Last but not least, 2020 was also a year of changes. I am thankful to our longtime colleagues, former ENGSO Secretary General and Policy Director Kaisa Larjomaa and former Communication Expert and PR Liaison, Mariann Bardocz-Bencsik for their committed work and an immense contribution to the development of ENGSO.

We can agree that 2020 has been a year like no other. It was a year of crisis, but it was also a year of growth and innovation. Thank you to our members, partners, committee, staff and friends for their continuous support, especially throughout this past challenging year.

Stefan Bergh, ENGSO President



ENGSOThe European Sports NGO

Vision

Grassroots sport for stronger communities

Mission

Represent, develop and advocate for voluntary-based sport in Europe.

Values

Democracy, equality, inclusion, sustainability, integrity and education

ENGSO is the European Sports NGO and the leading voice for voluntary-based grassroots sport in Europe. Together with our 38 members – National Sports Confederations, National Olympic Committees and other sports organisations from 34 European countries – we form a network that brings together people of different ages and backgrounds that share a passion for sport.

2020 in review

For the grassroots sport sector, 2020 was a turbulent year. But with the support of our members, it was also a year of growth, innovation and new opportunities.

January

We took part in the **Erasmus+ Sport Info Day** and in the coordinators meeting in Brussels, which were (both) organised by the European Commission and the Education, Audiovisual and Culture Executive Agency (EACEA). The aim of participation was to get informed on the 2020 programme of Erasmus+ Sport funding.

31 January - 1st committee meeting of the year (Vilnius, Lithuania).

February

The **European Lotteries (EL)** and ENGSO extended their partnership with a new two-year agreement (2020-21). The agreement



highlighted the mutually beneficial collaboration in different areas in line with each organisation's strategy, striving for responsibility, society, sustainability and integrity.

Despite the pandemic, **ENGSO's projects were successfully underway;** PlayGreen events took place across Europe, CHAMP's research on innovative practices was finished, Play'In Together had its first steering committee meeting and INAMOS project team held a kick-off meeting in Dusseldorf on 27-28 February 2020.

Together with ENGSO Youth, we participated in the #EU2020HR Presidency Conference:



«Why does European sport need skilled and competent coaches», which was in Zagreb, Croatia, on 28 February 2020.

The **Equality Within Sport (EWS)** committee promoted the signature of the Brighton + Helsinki Declaration among ENGSO member and partner organisations.

March

SPIRIT project was officially launched in Brussels on 2-4 March 2020. The Sport and Psycho-social Initiative for Inclusive Training (SPIRIT) project, co-funded by the Erasmus+ Programme, has officially begun!

April

3 April - 2nd committee meeting of the year (online)

Position paper on the <u>impact of the</u> <u>COVID-19 crisis on the sport sector</u> was released. Over 30 sports organisations



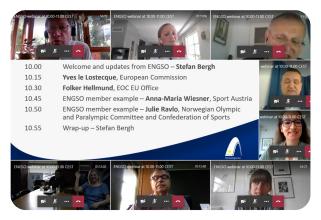
signed the position paper, including ENGSO and numerous ENGSO members and partners. The paper revealed an action plan for sport promotion of a more resilient and sustainable Europe.

We joined the European Commission's Be Active at Home campaign. **PlayGreen** hosted an online seminar on the best practices in "greening" sport events. The **ENGSO EWS** committee participated in the extraordinary meeting of the International Working Group on Women and Sport.

May

7 May - 3rd committee meeting of the year (online)

On May 15, we held an **online seminar for our members about COVID-19** and sport at the European level. 48 individuals joined the seminar from 25 organisations across Europe.



Skills and HR Development in Sport.

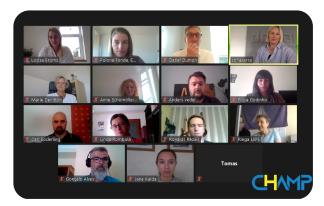
Based on the initiative of our Dutch member, NOC*NSF, we organised the **second online seminar**. The main topics were indoor sports and the "way out" from the COVID-19 lockdown.

In May, ENGSO also took part in the meetings and contributed to the development of the Guidelines regarding the minimum requirements in skills and competences for coaches published by **European Commission** Expert Group on

June

As a partner of the European Week of Sport initiative, ENGSO participated in the European Commission's Sport Unit online seminar in order to start the preparations for the 2020 #BeActive campaign.

ENGSO Honorary President Birgitta Kervinen was featured in the #EUwomen4future campaign, led by European Commission. We also represented grassroots sport in the 6th meeting of the European Commission's Expert Group on Integrity.



24 June - 5th committee meeting of the year (online)

On 25 June, an **ENGSO online seminar** took place about the **CHAMP** project's collected innovative practices. These findings were later summoned into the CHAMP online course.

July

ENGSO published its **recommendations on the next EU Work Plan for Sport**. In its online meeting on 24 June 2020, the ENGSO Executive Committee adopted the <u>ENGSO Position</u> and Recommendations on the future EU Work Plan for Sport post-2020.

On 6 July 2020, the Council of Europe's Enlarged Partial Agreement on Sport (EPAS) invited members of the Governing Board and the Consultative Committee to take part in the consultation seminar on "Revising the European Sports Charter – the State of Play". In his comment, Stefan Bergh raised some core issues that are important to ENGSO in order to create a Charter that is relevant for the development of voluntary-based grassroots sport and the civil society of sport in Europe.

August

Stefan Bergh, ENGSO president, joined **ENGSO Youth** and its chair Ugne Chmeliauskaitė, and welcomed the participants of the Sporting Inclusion and Diversity SPIDI international activity.

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In August the first virtual **FISU World Forum** was held. ENGSO was represented at the event by

President Stefan Bergh, Executive Committee member Filipa Godinho and Communication Expert and PR Liaison, Mariann Bardocz-Bencsik.

25 August - 5th committee meeting of the year (online)

The Chair of the ENGSO Equality Within Sport Committee (EWS), Niina Toroi was one of the panelists of the first Women in Motorsports conference.

September

As every year, ENGSO participated in the European Week of Sport 2020. ENGSO initiated a communication campaign, aligned with the #BeActive initiative, entitled #SupportYourClub.

"The coronavirus pandemic shook the European sports sector to the core. The consequences for sport clubs are especially distressing, as they provide easily accessible and affordable sporting activities to citizens. Therefore, this year, we ask you to #BeActive and #SupportYourClub at the same time", said ENGSO President Stefan Bergh.

Through the <u>#SupportYourClub</u> campaign, ENGSO, along with the CHAMP project consortium, raised awareness of the difficult situation of sport clubs across the continent.

October

2 October - 6th committee meeting of the year (online)

On 20 October 2020, the Education, Audiovisual and Culture Executive Agency (EACEA) of the European Union published the selection results of the Erasmus+ Sport 2020 calls for proposals. We were delighted that **our ambitious project proposal**,



entitled Equip for Equality in Practice (EQUIP) has been awarded funding. The project will begin in January 2021, and will be delivered over three years.

The second official gathering of all partners of the Erasmus+ Sport co-funded SPIRIT project took place online on 26-27 October 2020.

November

On 12 November, the ENGSO family gathered online for our **28th General Assembly.** The event was supposed to be held in June 2020 in Torshavn, Faroe Islands, but due to the current COVID-19 situation, the event has been moved online.

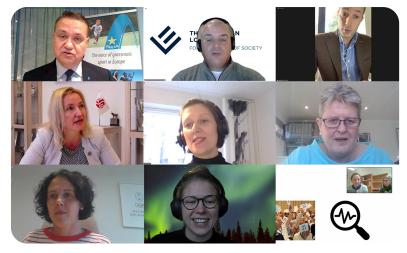


The Assembly held two mid-term elections, electing a new Secretary General Ms Sara Massini, Head of the International Department at OPES Italia, and one Executive Committee member Ms Edina Andrejko, Hungarian Competitive Sports Federation. Also, the Slovak Olympic and Sport Committee (SOSC) joined the ENGSO family.

12 November - 7th committee meeting of the year (online)

This year, the European Sport Platform (ESP) was organised, for the first time, as an online meeting. The event gathered a number of sports leaders, volunteers, scholars and

students to discuss two current sports topics: equality and safeguarding. The 2020 ESP was hosted by the Lithuanian Sports University, in collaboration with the Lithuanian Union of Sports Federations, and organised in partnership with the European Lotteries.



December

In September 2020, the European Commission launched an open call for candidates to establish a **High Level Group on Gender Equality** in sport. **Sarah Townsend**, a member of



the ENGSO Equality Within Sport (EWS) Committee and General Secretary of our associated member, the European Gay & Lesbian Sport Federation (EGLSF) was selected.

Our Erasmus+ collaborative partnership project, **CHAMP**, **held an online seminar** on 11 December 2020. The event gathered over 50 participants.

21 December - 8th committee meeting of the year (online)

New year, new team. We welcomed our new Policy Director, Laurent Briel, and Communication Officer Polona Fonda. We also said goodbye to our longtime colleagues, former ENGSO Secretary General and Policy Director **Kaisa Larjomaa** and former Communication Expert and PR Liaison, **Mariann Bardocz-Bencsik**. Thank you to both for their committed work and an immense contribution to the development of ENGSO.

The 2020 ENGSO Committee



Stefan Bergh, President, Swedish Sports Confederation: "Grassroots sport develops people and builds strong societies."



Agnė Vanagienė, Vice President, Lithuanian Union of Sports Federations: "Grassroots sports play a vital role in the society. Not only to help

in the society. Not only to help people stay healthy and develop an individual's sporting talents, it also brings people from the society together."



Sara Massini, Secretary General, OPES Italia - CONI:

"Grassroots sport is the first, and sometimes the only, brick society can use to build strong and inclusive communities: it is the main context where children and young people can learn to take care of his/her personal and other's physical and mental health, and wellbeing, where they can learn the rules and values to be with the others and learn how to overcome limits and stand up again after failure."



Ilva Biedre, Latvian Sports Federations Council:

"Grassroots sport is very essential and important, because that is the place where sport starts!"



Michael Leyendecker, German Olympic Sports Confederation:

"Without grassroots sports, the society would miss a huge movement to bring people - no matter what race, religion or gender- together."



Lotte Büchert,
National Olympic
Committee and Sports
Confederation of Denmark:

"Grassroots sport is important for health, and for the social and democratic impact it gives to society."



Ugnė Chmeliauskaitė, chair of ENGSO Youth, Lithuanian Union of Sports Federations:

"Grassroot sport connects people, it brings different society actors together and forms communities, people-to-people dialogue, which is not always in the spotlight, but always in the hearts. Oh, and it brings FUN and SENSE OF BELONGING for Youth - key contributors to the development of sustainable and healthy societies."



Edina Andrejkó, Hungarian Competitive Sport Federation:

"The grassroots sport develops acceptable empathic attitudes, educates tolerance and cooperation. In addition, develops skills, facilities, qualities and personality, which help disadvantaged youth's socialization and integration to the world of work and society."



Anna-Maria Wiesner, Sport Austria:

"Sports clubs offer a joyful environment for everyone - regardless of age, gender, origin, physical condition or sexual orientation - to experience and live emotions. An active participation in grassroots sports offers opportunities to learn and develop, make friends for life and develop a healthy lifestyle. All these experiences are then also reflected in the social environment outside sports and thus benefit society as a whole."



Niina Toroi, chair of EWS committee, Finnish Olympic Committee:

"Grassroots sports means equal opportunities. Opportunities pave the way for a positive future. Future and believing in the future is the base for every society."



Filipa Godinho, Portuguese Sport Confederation:

"Grassroots sport as a physical leisure activity, organized or non-organized practice regularly contributes to citizens' health and enhances (at the same time) educational and social purposes."

The 2020 ENGSO staff



Kaisa Larjomaa, Policy director



Marie Denitton
Office director



Mariann Bardocz-Bencsik, Communication Expert and PR Liaison



Filip Filipić, Technical support



ENGSO Youth in 2020

Giving youth a real say in sport

Vision:

Establishing and nourishing strong alliances to empower youth's development through sport

Values:

Driven by the following principles: integrity, transparency, equality, inclusion.

Work we do:

ENGSO Youth has the objective of empowering youth and supporting them in finding their active role in society. We aim to:

- Improve our capacities as a youth organisation;
- Better define our contribution to the youth sector;
- Implement sustainable projects;
- Build long-lasting cross-sectoral networks;
- Commit to projects and partnerships with long-term effects.

In 2020, ENGSO Youth celebrated its 18th birthday. The celebrations and activities of 2020 were cut short by the Covid-19 pandemic which resulted in lockdowns and curfews all over Europe. Still, we managed to have an awesome year.

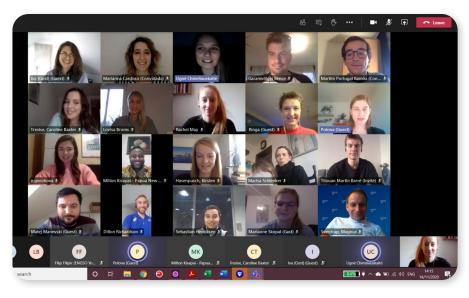
We moved to Lithuania

Competitive Sport Federations, where the first European Sport Platform was organised, the first Young Delegates meeting took place and where ENGSO Youth signed a Memorandum of Understanding with Special Olympics Europe Eurasia. Those are just three of the many groundbreaking achievements of the ENGSO Youth while being hosted by Hungary. We were particularly grateful to the Hungarian Competitive Sport Federations and our former Operations Manager Dóra Faragó for a successful cooperation and support over the past couple of years. But in May 2020, ENGSO Youth secretariat moved from Budapest, Hungary to Vilnius, Lithuania, and has since then been hosted by the Lithuanian Union of Sports Federations. Lithuanian ENGSO member organisation was established in 1992. It is an umbrella organisation for 73 national sport federations, being one of the biggest sport organisations in the country.

First ever virtual Youth Assembly

In November, ENGSO Youth hosted its first-ever virtual, and its 17th edition of the Youth Assembly. The Committee members - Ugne Chmeliauskaite, Filip Filipic, Ivana Pranjic, Lovisa Broms, Marianna Cardoso, Iva Glibo, Titouan Martin Barre and Kirsten Hasenpusch, Young Delegates and ENGSO/ENGSO Youth members, partners and friends gathered online to present and discuss the





2019-2020 development and set the agenda for the upcoming year. The Assembly began with the welcoming remarks from ENGSO Youth Chair Ugne Chmeliauskaite and ENGSO Secretary General Sara Massini who highlighted the changes that took place throughout 2019-2020; secretariat, and committee members and going

digital to the pandemic. The welcome session was followed by the adoption of the 2019 narrative, financial report, updated standing orders and presentation of the ENGSO youth working groups.

The second part of the Assembly, titled »Continuing Youth Leadership« included special guests: Caroline Baxter Tresise, International Consultant, Youth and Sport at UNESCO, Ishita Godinho (India), Jen Macapagal (Singapur) and Milton Angat Kisapai (Papua New Guinea) who presented the Youth and Sport Task Force of UNESCO and their main local activities. Afridan Amu, a professional surfer, and lecturer in Design Thinking at the Hasso Plattner Institute joined us for the

second part of the and introduced us to his career development, background and current work in the field of Design Thinking Methods.

Sporting Inclusion and Diversity (SPIDI)

Sporting Inclusion and Diversity (SPIDI) international activity took place on August 21-26, 2020 in Vilnius, Lithuania. Young participants from all over Europe joined the four-



day event to learn more about refugees and human rights, and inclusion through sport. They also developed and filmed the SPIDI manual.

New team: welcome Anett and Matei

In November we also welcomed two new team members. Anett Fodor from the Hungarian Competitive Sport Federation became our new committee member and Matej Manevski took over the role of the new Policy and Projects manager.

Anett and Matej replaced our former committee member Erika Juhász and Policy and Projects manager, and also a former committee member, Bence Garamvolgyi. Earlier in May, due to the Secretariat change, we also said goodbye to our Operations Manager Dóra Faragó. Thank you to

everyone, Dora, Erika and Bence, for their essential contribution to the development of ENGSO Youth.

Going digital

In 2020 we published **five manuals and position papers**; the final outcome of the Sporting Inclusion and Diversity (SPIDI) international activity - <u>the video manual</u>, Skills for You(th) through

Sport (SK4YS) handbook, new position paper on Mental Health and Youth Sport, Sport for Sustainable Development - Score All 17 toolkit and a manual on how we can use sport to encourage active participation of youth in the society Sport for Active Citizenship.

Together with ENGSO, we signed the Sports For Climate Action Framework, initiated by the United Nations Framework Convention on Climate Change (UNFCCC).



Throughout the year, and due to the pandemic, we organised several virtual events and workshops.



In September we held a SPIDI follow up activity Refugee&Human Rights Education online workshop.

Sport 4 Youth Employment online session was organised by the project SK4YS project team in October.

The **Sport for Sustainable development** manual "Score all 17" was released in November and we hosted the first Sport for Sustainable development international (online) seminar.

In 2020, we coordinated two Erasmus+ Sport funded projects, SK4YS and Sport for Sustainable Development, and were involved with four other projects (as partners): Sport Clubs for Health, SWinG, EYVOL and MONITOR. Most of the project activities took place online.

The 2019-2021 Committee giving youth a real say in sports



Ugnė Chmeliauskaitė, chair Lithuanian Union of Sports Federations



Filip Filipić, vice chair Olympic Committee of Serbia



Lovisa BromsSwedish Sports Confederation



Kirsten Hasenpusch German Sports Youth (dsj)



Marianna Cardoso, Sport Confederation of Portugal



Iva Glibo Croatian Olympic Committee



Anett Fodor
Hungarian Competitive Sport
Federation



Ivana Pranjic Sport Austria



Titouan Martin Barré, French Olympic Committee



Erika Juhász Hungarian Competitive Sport Federation Committee member 2019-2020



Bence Garamvolgyi, policy and project manager



Dóra Faragó operations manager



Polona Fonda communications manager



Matej Manevski policy and project manager



Lithuanian Union of Sports Federations secretariat

ENGSO Youth Young Delegates programme connects individuals who are willing to take meaningful action and play an important role in advocating and empowering children and young people in the sport for all sector. It is a devoted and knowledgeable group of individuals (18-30 years old), committed to using sport as a tool for positive social change.

Sustainable Development

Khoudija Houhou (Algeria) Martim Ramôa (Portugal) Mirjana Ivkovic (Serbia) Scilla Szmoloaiova (Slovakia) Metehan Cengiz (Turkey)

Health

Marianne Skopal (Austria) Zhanna Tlegenova (Germany) Christian Hajj (Lebanon) Miguel Peralta (Portugal) Emilie Moffat (UK)

Employment and education

Vugar Rustamili (Azerbaijan) Isaiah Kiolouglou (Greece) Spela Hus (Slovenia) Stefan Ferencz (UK) Marcos López Flores (Portugal)

Social inclusion

Laura Maria Tiidla (Estonia) Dillon Richardson (Canada/Germany) Gena Sturgon (USA/Kosovo) Zane Skujina (Latvia) Lars Cornelissen (Netherlands)

Sports diplomacy

Sakina Valiyeva (Azerbaijan) Sandra Zwick (Germany) Fabio Jorge da Silva (Japan/Portugal) Giulia Santangelo (Italy) Ekaterina Gorokhova (Russia)

2020-22 EWS committee

Using full potential in sport

Vision:

To be the leading voice for equality within sports in Europe

Values:

Equality means to us that sport is a human right that belongs to everyone regardless of gender, religion, sexual orientation, physical ability, ethnic group, race, age, or economic status. We want to celebrate diversity and inclusion. We advocate that everyone can practise sport safely and freely. We promote equal opportunities in all levels and sectors of sport. We believe that sport wins with Equality.

Work we do:

- "Hub" of expertise and knowledge on equality.
- Advocacy (Discuss and lobby sport political issues related to equality).
- Education & Awareness.
- Strengthen cooperation with our member organisations and other sports bodies in topics related to equality.
- Represented the European voice at the International Working Group on Women and Sport through Global Executive position.

Milestones in 2020

- EWS is represented at the EU Commission High Level Group on Equality. Sarah Townsend was selected to the group. In addition, ENGSO Secretary General Sara Massini is an observer at the group.
- EQUIP project: Erasmus+ project involving ENGSO members received funding after strong preparation and application phase.
- ENGSO EWS was involved at the International Working Group on Women and its World Conference 2022 planning. In Europe, EWS promoted IWG's Brighton + Helsinki Declaration

EWS representation

- · January 16th, 2020, online meeting
- June 2nd, EWS was invited to speak at the webinar organised by FIM (international Motorcycling). Anja Rynning Veum represented EWS.
- June 9th, IWG Annual Meeting. Niina Toroi attended.
- May 18th, First meeting for the EWS 2020-2022 Committee
- May 26th, Kaisa and Niina from ENGSO and ENGSO EWS had an online meeting with Heidi Pekkola from the EOC EU Office. The trio discussed the potential cooperation on European level and how to influence European Commission's plan on equality.
- April 7th, online meeting IWG. Niina Toroi attended
- April submission of the EQUIP Erasmus+ application. Rachel May and Kaisa Larjomaa
- April 29th, online meeting with Lisa Wainwright to discuss the possibility to bid IWG Secretariat to Europe.
- September 15th, EWS online meeting
- November 9th, EWS Committee meeting
- November 12th, ENGSO GA: EWS presentation
- November 13th, European Sport Platform: session on equality. Niina Toroi moderating, Anja

- Rynning Veum was one of the presenters
- December 7th, Sarah Townsend was selected to the EU Commission High Level Group on Equality, article
- December 13th, IWG Global Executive Meeting: Niina Toroi
- December 14th, Equip update
- December 21th, ENGSO Excom: Niina Toroi attended

Goals for 2021

- EU Commission High Level Group on Equality: actively take part in the work, especially bring the wider perspective of equality (sexual minorities) to the discussions. Plan for concrete actions in Europe.
- Equip Project (Erasmus + project): implement the project in Europe.
- Implement and encourage the Brighton + Helsinki Declaration signing campaign: promote the declaration in Europe, especially for the ENGSO members.
- To bring next level in communication (social media channels).
- Promotion of the IWG World Conference in Europe.



Niina Toroi, chair of EWS committee, Finnish Olympic Committee



Sarah Townsend, European Gay and Lesbian Sport Federation



Gena Sturgon, ENGSO Youth



Anja Rynning Veum,
Norwegian Olympic and
Paralympic Committee and
Confederation of sports



Anabela Sousa Vaz dos Reis, Portuguese Sports Confederation



Sakis Kostaris, Hellenic Paralympic Committee

2020-22 Advisory Committee

Grassroots sport for stronger communities

Vision:

Grassroots sport for stronger communities

Values:

Democracy, equality, inclusion, sustainability, integrity and education

Work we do:

- Meetings, creation of position papers, developing Action-plan, participation in the webinars.
- Actively contributing to and influencing the content, structure and working practices of the EU Council Work Plan for Sport.
- Positioning ENGSO as a key stakeholder and source of policy expertise within the new MEPs, European Commission and other key actors in the EU.

The EU Advisory Committee operates at a strategic level, advising the ENGSO Executive Committee on EU matters to ensure a coordinated approach to our lobbying activities and smooth working procedures. It will utilize EU policy expertise and facilitate the involvement of ENGSO members. The daily work is led by the ENGSO Policy Director. The Advisory Committee will work to complement ENGSO political activity.

- Protect integrity and values in sport,
- socio-Economic and environmental dimensions of sports,
- promotion of participation in sport health-enhancing physical activities,
- protect integrity and values in sport.

Milestones in 2020

- Actively contributing to and influencing the content, structure and working practices of the EU Council Work Plan for Sport 2020 2023.
- Publication of an ENGSO position paper on the forthcoming Council Work Plan for Sport identifying EU policy priorities that reflect the ENGSO Policy Programme.
- Regular engagement with the EU Sport Unit within the Commission, Presidencies of the Council and other relevant officials to shape the Work Plan and resulting working structures.
- Active ENGSO engagement in any Expert Groups or similar project.
- Ensuring the best possible future EU funding opportunities for sport.
- Promoting the ENGSO position on the future EU funding for sport to relevant decisionmakers, such as the Sport Unit of the European Commission, EU member state representatives in the Council, Education, Audiovisual and Culture Executive Agency (EACEA) of the European Commission, and Members of the European Parliament (MEPs).
- Following the negotiations and implementation of the funding programmes, and supporting the EOC EU Office with ENGSO activities when necessary.
- Contributing ENGSO's views to the review of the Erasmus+ funding programme 2014–2020 by developing an ENGSO submission to the review, in collaboration with ENGSO Youth.
- Positioning ENGSO as a key stakeholder and source of policy expertise within the new MEPs, European Commission, and other key actors in the EU.
- Organise a high-level meeting with ENGSO President and Secretary General and key political

- figures relevant to sport, such as the Sport Unit of the European Commission and the new Commissioner responsible for sport.
- Update the ENGSO Policy Programme in 2020 and define key priority areas and use them proactively to put grassroots sport on the European agenda through e.g. position papers, articles, opinion pieces, infographics and other innovative web content, and events.
- Identifying new policy areas where ENGSO's and grassroots sport's contribution can produce significant societal gains and promote the European values.

EU advisory committee representation

Meetings with European Commission Meetings in EU expert groups EU Sport Forum Number of meetings arranged by the EC

Goals for 2021

- Continuing to ensure the best possible future EU funding opportunities for sport.
- Positioning ENGSO as a key stakeholder and source of policy expertise within the new MEPs, European Commission, and other key actors in the EU.
- Collaborate with ENGSO members and the EOC EU Office to identify key players, such as the topic leaders (MEPs) in their fields of interest related to topics important to ENGSO, in order to construct a political map on the MEPs within 12 months of the European elections.
- Organise meetings with at least 1 key MEP and/or assistant from each political group; using the ENGSO ExCom members to form relations with MEPs of different nationalities.
- Regular engagement on a formal and informal level with the Sport Unit, MEPs, Commission
 officials, EOC EU Office and wider stakeholders to publicise and promote ENGSO views on
 key policy issues.
- Actively contribute ENGSO views to policy debates, conferences and stakeholder events at EU level, including through formal links with the EOC EU Office to strengthen positions on issues of common interest.
- Develop the ENGSO Communications, e.g. website and social media, to support ENGSO's advocacy efforts.
- Identifying new policy areas where ENGSO's and grassroots sport's contribution can produce significant societal gains and promote the European values.
- Research and prioritise the most prominent policy field(s), including long-term funding opportunities.
- Update the brochure explaining the organisation, work and policy priorities of ENGSO according to the policy field selected.
- Develop expertise and network e.g. by participating in relevant conferences and organising meetings with key policy-makers and important stakeholders in the area.



Kaisa Larjomaa, former chair of EU Advisory Committee, ENGSO



Mikkel Larsen, chair of EU Advisory Committee, National Olympic Committee and Sports Confederation of Denmark



Petra Gantnerova, Confederation of Slovak Sport Associations



Petri Heikkinen, Finnish Olympic Committe



Julie Ravlo,
Norwegian Olympic and
Paralympic Committee and
Confederation of sports



Anthony Ferreira, French National Olympic and Sport Committee



Bence Garamvolgyi, ENGSO Youth (former member)



Matej Manevski ENGSO Youth

Sports policy

The pandemic did not stall our efforts to advocate for grassroots sport within European sports policy, raise awareness on the societal role of sport, and fight for equal opportunities in sport, and beyond.

In 2020, ENGSO and its EU Advisory Committee actively contributed to the content, structure and working practices of the EU Council Work Plan for Sport 2020 – 2023. ENGSO also had regular engagement with the European Commission's Sport Unit, Presidencies of the Council and other relevant officials that shape the Work Plan and working structures.

In June, ENGSO Executive Committee adopted the ENGSO Position and Recommendations on the future EU Work Plan for Sport post-2020.

ENGSO proposed that the upcoming European Union Work Plan for Sport:

- maintains grassroots sport as a priority area,
- proposes actions that have relevance for organised sport,
- And acknowledges the special status of organised sport as a privileged partner whose opinion is heard in EU decision-making processes.

Read the position paper: Future EU Work Plan for Sport post-2020.

Our EU Advisory Committee promoted ENGSO position on the future EU funding for sport to relevant decision-makers, including European Commission, EU member state representatives in the Council, Audiovisual and Culture Executive Agency (EACEA) of the European Commission, and Members of the European Parliament (MEPs). One of the most important tasks was to contribute to the review

of the Erasmus+ funding programme 2014–2020 by developing an ENGSO submission, in collaboration with ENGSO Youth.

We also followed our aim to position ENGSO as a key stakeholder and source of policy expertise within the new MEPs, European Commission, and other key actors in the EU, and held high-level meetings with ENGSO President and Secretary General and key political figures relevant to sport.

The ENGSO EU Advisory Committee updated the ENGSO Policy Programme and defined key priority areas to put grassroots sport on the European agenda. The committee also identified new policy areas where ENGSO's and grassroots sport's contribution can produce significant societal gains and promote the European values.

In 2020, we also actively promoted voluntary-based grassroots sports on another European arena – the Enlarged Partial Agreement on Sport (EPAS) of the Council of Europe. While the EPAS member states were discussing topics such as the possible revision of the European Sports Charter, ENGSO's role as counterpart in these discussions was more important than ever. We advocated that an organised sports movement needs to be closely involved in the process in order to have a balanced, credible, and fit for purpose Charter that will have a real impact.

The <u>ENGSO Policy Programme</u> is a strategic document that states the positions of ENGSO and its member organisations, and guides the sports political work of ENGSO.



PROJECTS - ENGSO as a coordinator



Innovation in grassroot sports

Milestones in 2020

- One of the biggest achievements in 2020 is that we have managed to keep a close and very
 well-functioning teamwork in the project although we haven't been able to meet in person
 in 2020.
- As a project manager (Lovisa Broms) for CHAMP this is what I'm most proud of. We have also managed to collect all necessary material for the online course that will be released soon.
- On top of this we have also arranged a couple of webinars where we've shared project outcomes and discussed topics in relation to the project.

Findings in 2020

 By asking European sport clubs, we have learnt that innovation in grassroot sports can be everything from offering flexible memberships and doing activities outside of the usual facilities to inventing new ways to promote sport activities. For example, why not offer super hero gymnastics for kids?



Lovisa Broms project manager

Coping with Covid-19:

 Innovation can really be simple solutions to manage something in a new or unexpected way. As we couldn't travel around with a film team, the video material in the course is collected with support from the partners and sport clubs in their countries. Many of the clubs asked a colleague to film them with a smart phone, and managed to contribute in a way that was both cost- and time efficient. This is an example of how innovation can bring value and solve an 'everyday life problem'.

Goals for 2021

- The goals for 2021 is, first, to launch the online course named How to manage the modern sport club.
- We will also arrange multiplier Sport events and a final conference in 2021.





















Learn more: www.engso.eu/champ-project



Sport coaching for mental well-being

Milestones in 2020

- Kick Off meeting in early March 2020 important since we haven't had an in-person meeting since.
- Established management tools, ways of working together and priorities for the coming years, and adapting to restrictions imposed by the pandemic in the early stages of the project.
- Identified Key Performance Indicators to be evaluated at different stages of the project for the Mid-term and Final Report.
- Large scale analysis of literature on 'Sport and Well-being' conducted and findings are presented 'Sport and Well-being: Systematic Literature Review' finalised.
- Data collection survey designed and Good Practices collected from across the partnership for the 'Mapping of Good Practices on Sport and Mental Well-being'.

Findings in 2020

- Key findings of a Systematic Literature Review: engso.eu/project-spirit
- Adopting 'autonomy-based coaching over authoritative coaching styles the values, culture and work conditions of the sport club or federation – within which the coach works - has an important role to play in creating a environment that nurtures good mental-well-being of athletes and participants.

Coping with Covid-19

- We are trying to run Feedback workshops, rather than simply circulating email for proofing project outputs as these help facilitate a greater quality and quantity of input from the partnership.
- Monthly Steering Committee meetings to help maintain strong collaboration and keep the project on track despite not being able to meet in person.
- We have tried out a virtual Partner Get Together that is not specifically project related in the form of a 'Live Podcast' hosted by FAF and MINOR-NDAKO to help develop relations and knowledge of organisations within the partnership.

Goals for 2021

- 2021 is set to be a busy year, publishing or developing on all of the deliverable outputs of the project:
- We will publish the 'Sport and Well-being: Systematic Literature Review' and 'Report on Mapping of Good Practices on Sport and Mental Well-being'
- Building on the above pieces of work we will deliver a set of Key Recommendations and the Coaching Framework
- In addition we will conduct a Mid-term evaluation of the project and begin to build the Online Learning Tool based on the Curriculum of the Coaching Framework.
- We will replace the first national event with a Virtual Event hosted by ITTF
 Foundation to share findings of the project and gather feedback from stakeholders.



Rachel May project manager



























PROJECTS - ENGSO as a partner



<u>PlayGreen</u> has recently concluded its activities with its final conference taking place in March 2021.

PlayGreen was led by Ecoserveis (spain). Other organisations in the consortium apart from ENGSO include the Football Federations of Estonia, (Eesti Jalgpall), Malta (Malta Football Association), Flanders in Belgium (Voetball Vlanderen), and most recently, the Lithuanian grassroots football association, a branch of the Lithuanian Football Association.

The project broadly aimed to create volunteering opportunities for young people

Niki Koutrou project manager



Dirk Falken project assistant

focused on sport and the environment. The project activities the national level were affected greatly covid-19 restrictions, which led to an official application for 3-month extension of the project. Despite this, project partners worked together to organise grassroots green in their events respective countries, raise awareness about the project and contribution to the way football clubs carry out their activities by emphasising more actions. sustainable Most partners suggested that these

activities will be implemented more broadly across their network to ensure they remain sustainable beyond PlayGreen. For example, the Lithuanian Grassroots Football Association made an agreement with public transport companies to offer discounts to spectators who use the service to come to the venue and free tickets or discounts for groups of 4-5 people coming to the venue using one vehicle.

Further, they will not accept printed tickets any longer, while recycling systems will be implemented across football venues in Lithuania.

Contribution of ENGSO

ENGSO's role in the project was to lead the EU communications, raise awareness about the project and its activities and to oversee the communication activities at a national level from the partner federations. In addition, ENGSO concentrated their efforts on the development of the intellectual outputs with providing relevant materials related to the training of volunteers and partners to recruit, engage, manage and mentor their volunteers.

ENGSO also oversaw the development of the Second Intellectual Output, which was a research study addressed to the volunteers of the project and prominent sport stakeholders across Europe that aimed to answer two research questions namely: is climate change and environmental protection a driver to engage young people into sports? And Can grassroots 'green' sport events help tackle climate change and protect the environment?

The research study followed a mixed-method approach with surveys distributed during the volunteer recruitment phase and after the conclusion of their national activities and semi-structured interviews with sport stakeholders. Key themes that emerged from this research suggest that environmental protection could be seen as a driver to engage young people into sports especially for people who would appreciate safer spaces to practice sport as they don't find the competitive

side of sport appealing. In addition, there is an implicit link of sport and environmental protection since sport is dependent on a clean environment. Thus, by giving something back to the environment, we can enjoy more sports. Finally, if sport clubs are seen as socially responsible and environmentally conscious, this could appeal to people's values who are concerned about environmental issues and are interested in sustainability.



ERASMUS + SPORT

The Erasmus+ Sport Programme, funded by the European Commission, 'Play'IN Together', aims to encourage European societies towards a greater inclusion of people with a disability through the promotion of Olympic, Paralympic and European (OPE) values in sport games.

The project uses cooperative processes and activities to develop sports-based pedagogical



Sallie Barker project manager

content and tools around the OPE values, adapted each to partner country's own context and needs. The main beneficiaries of the project will be thousands of children aged 6 to 12, including those with disabilities, along with hundreds of teachers, educators and animators.

The first phase of the project was completed before the COVID-19 pandemic and the impact was very positive. Following the second Steering Group meeting held in Sofia in February 2020, developments on the project have continued albeit in a restricted way but there are now 20,200 young people

between the ages of 6-12 years old who have benefitted from the programme, alongside 800 trained teachers and 90 educators and facilitators of specialised centres for people with disabilities, which is great news!

Contribution of FNGSO

In addition, during 2020 ENGSO began to focus on its key role in the project which is to produce a Dissemination Toolkit, along with the European Paralympic Committee. The purpose of this Toolkit is to share the key outcomes from the Play'IN Together project with other European Partners and countries, especially the educational factsheets and activities. To this end, in November 2020 ENGSO developed the structure of the Toolkit, which was discussed and agreed with Play International.

ENGSO is now working on the development of the Dissemination Toolkit which will provide easy access to the pedagogical articles and worksheets so that they can be shared and used with the wider public. In addition, ENGSO is mapping the structure and organisation of European sport and education in order to identify local, national and European organisations that could be interested in implementing and promoting the project in order to extend the impact of the project.

Due to COVID -19 the lifetime of the project has been extended by an additional year and ENGSO will be focusing on the Dissemination Toolkit and sharing information about the project to a wider European stage.



In 2020, <u>INAMOS</u> successfully implemented an entirely digital collaboration during Covid-19 restrictions and launched the projects' website www.inamos.org and conducted a stakeholder validation through the site. The team also published the first Output in the manual (on our website), where we give a detailed view on the project, especially on the theory and methodology of the project. The mapping of each partner's nationwide policies regarding the integration of migrants with/through sports was conducted.



Rachel May project manager

During the research on national policies towards the integration of migrants through sports we discovered two different types of general approach.

Canada's and Australia's focus on integration lies on the importance of immigrants for

national culture and national identity whereas in European Countries the policies have a more issue-based function like maintaining or creating social justice etc.

However this is a preliminary finding, because not all data has been examined, yet - a report on the mapping exercise will be available soon. Contribution of ENGSO

ENGSO engaged its member network, in particular those of countries represented by the INAMOS partnership, in the Stakeholder validation process. This validation process included getting input from members on the proposed research questions, format and relevance of the INAMOS project and its outputs.

The main objectives for 2021 are conducting the field research e.g. in all partner states: Interviewing sports clubs executives, officials, members, volunteers as well as focus group interviews with migrants/refugees, and analyzing the findings of both studies and merging their results (the third rise in the Covid-19 infections may have an impact on our studies, but we are positive that we can execute as we planned).

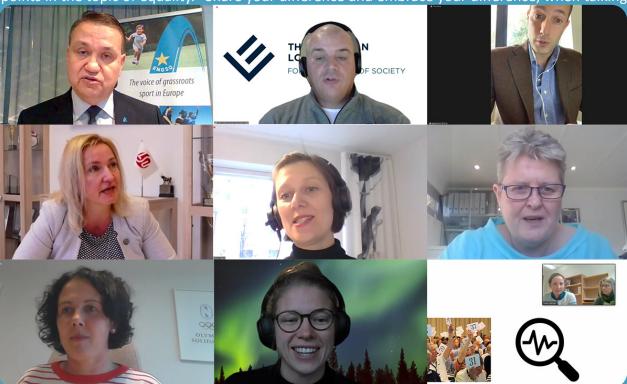
European Sport Platform

The 2020 European Sport Platform (ESP) was hosted by the Lithuanian Sports University, in collaboration with the Lithuanian Union of Sports Federations, and organised in partnership with the European Lotteries.

In 2020, the European Sport Platform was organised, for the first time, as an virtual event. Hosted on 13 November 2020, ESP gathered sports stakeholders and leaders, volunteers, scholars and students to discuss two current sports topics: equality and safeguarding.

In the beginning of the event, ENGSO President, Stefan Bergh held an introductory speech and later on, other prominent speakers greeted the participants. Guglielmo di Cola, member of the cabinet of Mariya Gabriel, European Commissioner for Innovation, Research, Culture, Education and Youth said some welcoming words, emphasising that sport is high on the Commissioner's agenda. The rector of the Lithuanian Sports University, Prof. Dr. Diana Reklaitiene, wished fruitful discussions to everybody. Finally, Arjan van 't Veer, Secretary General of the European Lotteries, another event partner, also welcomed the participants.

Over 120 participants registered for the ESP 2020, which shows how relevant the event topics are for current and future sports professionals working for the promotion of grassroots sport in Europe. The first session was titled "Equality within sport – from policy to practice", moderated by Niina Toroi, Chair of the ENGSO Equality Within Sport (EWS) Committee. After a brief presentation by Ms Toroi about the work of EWS, Lisa Wainwright took the floor to hold her keynote speech. Ms Wainwright, CEO of our member, the Sport and Recreation Alliance made some highly important points in the topic of equality. "Share your difference and embrace your difference, when talking



about equality", she stated as the main message of her presentation. Following her engaging speech, the participants got the chance to listen to two good practice examples in the topic of equality. Firstly, Anja Veum and Hanne Sogn talked about the reasons behind the lack of female leaders in Norwegian sport and how a research project tackles the situation.

They were followed by the presentation of our Vice-President, Agne Vanagiene, about the #HeForShe campaign in Lithuania. At the end of Ms Vanagiene's presentation, the participants watched a touching video about a Lithuanian basketball couple who talked about sharing household duties, while carrying on with their careers. After the thought-provoking presentations, the participants were divided into groups to discuss the topic of equality further. One of the key conclusions of these discussions was that accessible and implementable research is of utmost importance, because research and practice should go hand-in-hand when working towards equality.

In the afternoon, the programme continued with the second session, titled "Respect! Sport against violence and bullying". The session's moderator was ENGSO's newly elected Secretary General, Sara Massini. ENGSO Youth's Chair, Ugne Chmeliauskaite gave an insightful introductory presentation to the topic, talking about ENGSO Youth's position paper on safeguarding children and youth in sport. Her speech was followed by a highly interesting keynote speech by Tine Vertommen, Criminologist and Researcher at the University of Antwerp on effective interventions to safeguard children in sport. Among other very useful pieces of information, Ms Vertommen pointed towards a mapping study on safeguarding children in sport, published in 2019 by the European Commission. Her lecture was followed by two research presentations. The first one was delivered by Prof. Antonino Bianco about the SAVE (Sport Against Violence and Exclusion) project, co-funded by the Erasmus+ Programme.

The second presentation was held by Prof. Dr. Vilija Bite Fominiene about bullying in organised youth sports. The last speaker of the session was Tobias Staebler from Special Olympics Europe Eurasia who presented Special Olympics' fascinating Unified Sports® concept. After listening to the speakers, it was time to discuss the topic further in smaller groups where participants exchanged ideas on ways to fight bullying effectively. After that Ms Massini wrapped up the session, it was time for our President, Stefan Bergh to close the #ESP2020. He expressed his gratitude to the team behind organising this year's event despite the challenging times we currently live in, and also thanked our event partners for their support throughout the planning phase and during the event itself.

European Sport Platform 2020 was organised in partnership with:







Online seminars

Our five online seminars on sport, coping with COVID-19 and innovation in grassroots sport gathered great participation and fostered a positive discussion and exchange of good practices.

On 15 May 2020, we held an online seminar for our members on COVID-19 and sport at the European level. The speakers included our President Stefan Bergh, former Head of European Commission's Sport Unit Yves Le Lostecque, Director Folker Hellmund from the European Olympic Committees' EU Office, ENGSO ExCom member Anna-Maria Wiesner from Sport Austria and International Relations Adviser Julie Ravlo from Norwegian Olympic and Paralympic Committee and Confederation of Sports.

Based on the initiative of our Dutch member, Netherlands Olympic Committee and Sports Federation, we organised the second online seminar, on 25 May 2020, for ENGSO members. This time, we talked about indoor sports and the exit from the COVID-19 lockdown.

In its online meeting on 24 June 2020, the ENGSO Executive Committee adopted the ENGSO Position and Recommendations on the future EU Work Plan for Sport post-2020. On 18 September we organised an online seminar where we presented our proposal for the future EU Work Plan for Sport.

ENGSO's online seminars on project CHAMP took place on 25 June 2020 and on 11 December 2020. During 2019, the project team has been collecting data to summon the knowledge and insights on innovative practices from sports clubs. These findings will be the base of the main project outcome – The CHAMP online course "How to manage a modern sport club".



Partners

European Lotteries

In 2020, the European Lotteries (EL) and ENGSO further extended their partnership with a new two-year agreement (2020-21).

Aiming at strengthening the natural link between the members of EL and ENGSO – national lotteries and not-for-profit sports umbrella organisations – the agreement highlights the mutually beneficial collaboration in different areas in line with each organisation's strategy, striving for responsibility, society, sustainability and integrity.

EL and ENGSO have been cooperating for over 11 years. 2020 saw the third, and the first virtual, edition of the European Sport Platform, the implementation of the SPIRIT project about coaching for mental well-being, and the successful submission of the EQUIP project on equality in sport, which is also supported by the Erasmus+ Programme and



EL. Since its conception, the two Associations have also actively supported, as official Partners, the European Week of Sport, an annual European Commission led initiative.

Stefan Bergh, ENGSO President: "I am extremely thankful about our partnership with EL in 2020–2021. The history of grassroots sport and the lotteries that support us are intertwined. Our renewed partnership is vital for further strengthening this connection for the future, at all levels – European, national, regional and local."

European Olympic Committees

Throughout 2020, ENGSO and European Olympic Committees actively promoted that the European Sport Model should be recognised in the European Sports Charter. ENGSO has also proposed the European Sport Model as one of the topics for the upcoming EU Work Plan for Sport 2021–2024, and endorsed the European Olympic Committees' EU Office's recommendations for the future EU Work Plan for Sport. ENGSO regularly participated in EOC's ther activities.

ENGSO has a long-standing partnership with the European Olympic Committees (EOC) and

its EU Office, which have the mission to develop and protect the Olympic Movement in Europe in accordance with the Olympic Charter. ENGSO is an active partner of the Office, with the ENGSO Policy Director working



alongside the other EOC EU Office colleagues at the Office in Brussels, closely following European sports policy developments and contributing to the daily work of the Office.

Council of Europe - EPAS

In 2020, ENGSO representatives took part in several events, including the consultation seminar on "Revising the European Sports Charter—the State of Play". The online seminar was a chance to discuss some aspects of the first revised draft of the document. ENGSO also regularly participated in other online meetings, such as plenary sessions of the Consultative Committee and joint meetings with the Governing Board.

For over four decades, the Council of Europe (CoE) has advocated fair play and respect in sport, tackling corruption and helping make sport safe, ethical and accessible to all. ENGSO has been actively involved in the activities of the CoE and its Enlarged Partial Agreement on Sport (EPAS) for many years, providing the point of view of the voluntary-based grassroots sport movement. ENGSO is an active member of the EPAS Consultative Committee (CC), with Carlos Cardoso serving as member of the Bureau of the CC.



EUSA

Despite the pandemic, ENGSO continued the fruitful collaboration with the European University Sports Association (EUSA). We started a new partnership with the Inclusion in Sport (iSPORT) project which had an official kick off on February 24. iSPORTis a two-year project, co-funded by the Erasmus+ Programme of the European Union which looks to promote diversity and social inclusion in sport by enhancing the sporting experience of all participants - athletes and volunteers, especially targeting women, LGBT+ and people with disabilities - and promoting equal opportunities and awareness of the importance of health-enhancing physical activity through increased participation in, and equal access to, sport for all.

As every year, EUSA representatives were present at our General Assembly 2020, and ENGSO took part in EUSA's activities such as GETZ project conference.



TAFISA

In 2020, we supported TAFISA with the preparation for the 7th TAFISA World Sport for All Games, which were later postponed to 2021. This year they will be organised as a virtual event. ENGSO will continue to support TAFISA's online festival which celebrates cultures, traditions, sports and games. ENGSO signed a Memorandum of Understanding with TAFISA in 2010. TAFISA is in the privileged

position to bring joy, health, social interaction, integration and development to communities and citizens around the globe through the promotion of Sport for All and physical activity.

European Fair Play movement

ENGSO regularly participates in the European Fair Play movement's activities and General Assembly. The Memorandum of Understanding between ENGSO and the European Fair Play Movement was signed on 7 October 2015 in Baku at the joint congress of



the European Fair Play Movement (EFPM) and the Committee International Fair Play (CIFP).



European Athlete as Student (EAS)

In 2020, ENGSO supported EAS to be reelected as a member of the Bureau of the Consultative Committee of EPAS – Council of Europe. Together we activity the recognition of the human rights in sport, particularly among youth and young athletes.

ENGSO has a long-standing informal partnership with EAS. The European Athlete as Student (EAS) is the dual career network for universities, sports schools and other educational establishments interested in high performance sport as well as sports clubs and federations which are willing to help their athletes in their studies.



2020 Communication

In 2020, we reached over 700.000 people.



6000+ followers on 3 different social media platforms







www.engso.eu

European-based community, interested in sport for all and grassroots sport.

2020 #BeActive campaign during the European Week of Sport

Support Your Club

Communication campaign with an aim to support and advocate for the European sport clubs and grassroots sport during the lockdown and closures due to Covid-19 pandemic.



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ENGSO Communication

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We aspire to grassroots sport that promotes stronger communities, with the mission to represent, develop and advocate for voluntary-based sport in Europe.

